



**Trailhead:** Merchants Quay Limerick  
**Services:** Available at many locations

**Distance:** 3km

**Time:** 1hr/1hr 45mins

**Difficulty:** Easy

**Terrain:** Riverside and  
 Pavement Walk

**To Suit:** All levels, leisure walkers,

**Minimum Gear:** Trekking shoes,  
 raingear, fluids and mobile phone.

**OS Map:** 65

# 1. MEDIEVAL LIMERICK WALKING TRAIL

The early Medieval City was established on the southern tip of King's Island. The Island is formed by the Abbey and Shannon Rivers. Walled in 1185 it became known as English Town and from earliest times was the administrative heart of the city. Though the City has experienced many changes the administrative centre of the city is still situated here. Those who could not or did not wish to embrace the Anglo Norman Culture were forced to move to the opposite side of the river. This area which was not fortified until 1320 was called Irish Town. Further expansion began in 1769 with the planning and building of the Georgian City.

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|--|---|---|
| 1. Merchant's Quay (1500)                                    | 9. St Saviour's Dominican Friary (1227) | 18. Castle Lane                                   |
| 2. Potato Market (1843)                                      | 10. Bishop's Palace* (C17th)            | 19. Nicholas Street                               |
| 3. County Courthouse (1810)                                  | 11. St Munchin's Church (1827)          | 20. The Widows Alms Houses* (1691)                |
| 4. City Hall   | 12. Villier's Alms Houses* (1823)       | 21. Exchange Wall (1673)                          |
| 5. St Mary's Cathedral (1168)                                | 13. Thomond Bridge (1838)               | 22. Fanning's Castle* (C16th)                     |
| 6. Old City Courthouse/Gerard Griffin Memorial School (1765) | 14. Toll House* (1840)                  | 23. The Tholsel* (1449)                           |
| 7. Bourke's House  | 15. North Munster Masonic Centre (1732) | 24. Barrington's Hospital* on Georges Quay (1829) |
| 8. Island Road/Remains of the City Walls/Sally Ports (1237)  | 16. King John's Castle (1210)           |   |
|  | 17. Bard of Thomond Statue              |   |

\* Private Property, please respect