



## Body Spa Treatments

Four Signature Body Treatments using our own Unique Signature Fragrance & Irish Atlantic Sea Salt to create the Ultimate pampering experience. All carried out on our dry floatation bed

<b>VB Full Body Exfoliation</b> with Crushed Vanilla & Irish Atlantic Sea Salt	40 mins	€55
<b>VB Back Melt</b> includes deep cleanse, mask, massage & moisturise	40 mins	€55
<b>VB Signature Irish Atlantic Sea Salt Exfoliation Hydration Wrap</b> including VB Foot Soak	60 mins	€80
<b>Dry Floatation</b> *exclusive to Limerick the ultimate in relaxation	30mins	€45



## Mama Mio Maternity Treatments

For expectant Mamas & beautiful Bumps over 12 weeks. Using our signature VB Range & World Renowned Mama Mio range to make your 9 month journey extra special

<b>VB Lighten Up</b> Foot Treatment	45 mins	€60
<b>VB Free Your Mind</b> face, neck and shoulder massage	45 mins	€60
<b>VB Nourishing Dream Massage</b> including VB Foot Soak	60 mins	€85
<b>VB Yummy Mummy Body Wrap</b> including exfoliation	80 mins	€85



## Men's Spa

All our treatments can be tailor made to suit our Male guests, here are few special treats just for YOU!

<b>VB Prescriptive Facial</b> Aging, Hydration or Deep cleansing	from	€80
<b>VB Conditioning Hand &amp; Nail Treatment</b>	25 mins	€30
<b>VB Conditioning Foot &amp; Nail Treatment</b>	40 mins	€50
<b>VB Full Body Massage</b> with Soothing Indian Head massage	85 mins	€115



<b>Cut And Blowdry</b>	€45	<b>Full Head Lights</b>	€85
<b>Colour And Blowdry</b>	€55	<b>Full Head Lights And Cut</b>	€95
<b>Colour Cut And Blowdry</b>	€65	<b>Shampoo Blowdry</b>	€25
<b>Colour And Lights</b>	€75	<b>Curly Blowdry</b>	€30
<b>Colour Lights And Cut</b>	€85	<b>Upstyle</b>	€35
<b>Half Head Lights</b>	€70	<b>GHD Curls</b>	€30
<b>Half Head Lights And Cut</b>	€80		
<b>Treatments And Blowdry Wella And Keune</b>		€40	
<b>Olaplex</b>		€50	
<b>Girls Shampoo Cut And Blowdry (Upto 12 Years Old)</b>		€25	

### Extension Specialists

Expert In Prebonded, Keratin Bonds, Tape Ins, Flip Ins And Clip Ins  
Great Lengths, Jen Aitkin, Beauty Works, Luxury Hair



## HD Make up – Exclusive to Vanilla Browns

Specialist in all Make up from Fashion, TV, Bridal to everyday looks. Introducing Our Exclusive VB HD Make up. Irish Owned, amazing HD coverage, brought to you by Ireland's Top Make up artist.

<b>Make Up</b>		€40
<b>Make Up With Lesson</b>	60 Mins	€65
<b>Strip Lash Supply &amp; Application</b>		€20
<b>Individual Lash Supply &amp; Application</b>		€30
<b>Lash Application</b> Guest Provides Lashes		€10
<b>Wedding Make Up</b>		€50
<b>Group Make Up Parties</b>	from	€30 (eyes only)



## Semi Permanent Make up

Lasts 3 - 5 years

<b>Powder Brows</b>	€250
<b>Eyeliner Top</b>	€149
<b>Eyeliner Bottom</b>	€149

### Opening Hours

Monday - 9.30 to 9pm  
Tuesday - 9.30 to 4pm  
Wednesday - CLOSED  
Thursday & Friday - 9.30 to 9pm  
Saturday - 9.30 to 7pm  
Sunday and Bank Holidays by appointment only



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# VANILLA BROWNS



### THE COLLECTION

Vanilla Browns Spa, Beauty, Clinic & Hair Salon  
Absolute Hotel, Sir Harrys Mall, Limerick  
Tel (061) 463608  
www.vanillabrowns.com



Spa | Beauty | Clinic | Hair



## Signature Facials

Indulge in our tailor made luxurious, professional VB Signature facials range

**VB Signature Express Facial** 55 mins €35

**VB Signature Tailored Range** from €75

**VB Signature Spa Teen** 40 mins €55

### Bioline Primaluce Facial-

Brightening & Illuminating, Cosmetic Peeling without the downtime. Suited to all skin types especially skin that is thickened and prematurely aged, acne, scarring visible results instantly

75mins €95

### Lifting Code Facial

It is basically an alternative to botox without the pain, 100% natural collagen and a very relaxing facial with excellent results. It is suitable for all skin types, especially dry, toneless & sagging skin with the first signs of aging

80 mins €125

### Age Beauty Secret Facial

**(Mosaic Facial)** – The skin is like an artwork which can be seen as a mosaic composed of many 'tiles', whose perfect cohesion determines the healthy and compact appearance of youth. Following the same principle, the innovative mosaic technology of AGE Beauty Secret acts on the restoration of the mechanism of replacing 'worn' tiles, reactivating the natural beauty of the skin and giving it a triple perfection:

80 mins €125  
(Discounts apply for courses)



## Waxing

<b>Eyebrow trim/wax</b>	€10	<b>Full Leg</b>	€30
<b>Lip Wax</b>	€10	<b>Half Leg</b>	€23
<b>Chin Wax</b>	€8	<b>Half Leg &amp; Bikini Regular</b>	€30
<b>Lip, Chin &amp; Eyebrow</b>	€20	<b>Full Leg &amp; Bikini Regular</b>	€40
<b>Underarm</b>	€18	<b>Chest</b>	from €25
<b>Bikini Regular</b>	€15	<b>Back</b>	from €30
<b>Californian</b>	€30	<b>Arm</b>	from €20
<b>Brazilian</b>	€40	<b>Full Body</b>	from €70
<b>Hollywood</b>	€55		



## Beauty Essentials

### Tinting

<b>Eyeshadow tint</b>	€12	<b>Eyeshadow &amp; Brow Tint</b>	€20
<b>Eyebrow tint</b>	€10	<b>Eyeshadow &amp; Brow Tint &amp; Trim</b>	€30



## Signature Massages

Indulge in our ultimate pampering, VB Signature massage range

**Back Massage Relaxing** 30 mins €45

**Back Massage Deep Tissue** 30 mins €50

**Full Body Relaxing / Invigorating** 60 mins €75

**Full Body Deep Tissue** 60 mins €80

**VB Hot Stone Massage with Basalt stones**  
- back 30 mins €50  
- full body 75 mins €95

**Aromatherapy Full Body**  
Massage with special blend of oil 60 mins €80

**VB Soothing Foot Dream Massage**  
for tired feet & legs with foot soak 30 mins €45

**Indian Head Massage** 30 mins €45

**Hopi Ear Candles**  
to relieve of sinus problems, blocked nose, stress and headaches €40

**Reflexology**  
using reflex points on the feet to reflect organs and energy channels of the body - by Appointment only 60 mins €70

**Four Hands Massage**  
Two therapists work on you simultaneously 75 mins €120

**Sports Massage**  
Injuries/Physical Therapy - by Appointment only 45 mins €60



## Finishing Touches

**Hands / Feet File & Polish** €20

**Hands / Feet File & Polish With French** €25

**Manicure** 35 Mins €40

**Manicure With French** 35 Mins €45

**Pedicure** 35 Mins €40

**Pedicure With French** 35 Mins €45

**Vb Hand Ritual No Polish** €30

**Vb Foot Ritual No Polish** €35

**2 Week Opi Gel Polish** €30

**2 Week Opi With Manicure** €50



## Spa Rituals & Retreats

All our treatments are carried out with our own exclusive Signature fragrance created especially for Vanilla Browns, Our VB range has been created with you in mind using pure authentic ingredients and staying true to our holistic roots combining our unique fragrance with benefits of Irish Atlantic sea salt & are all available for you to take a piece of VB home

**Hollywood Icon** €70  
Includes makeup, lashes and upstyle or curly blowdry

### VB Afternoon Delight

VB Relaxing Back Massage with Light Lunch

\*with Prosecco add on option €39

### For Her - VB Pure Indulgence

Soothing Back Massage with VB Signature Facial, VB Spa Hand & Foot Ritual

150 mins €145

### For Him - VB Escape for Men

Soothing Foot Treatment with Back Massage, Indian head massage & Our Signature VB Men's Tailored Facial

150 mins €145

### For Both of You - VB Couples Retreat - 2 guests

Indulge in our VB Signature Full Body Massage with relaxing Indian Head Massage & Soothing VB Body Moisturise all in the comfort of our private Couples Treatment room

95 mins €190

### VB Yummy Mummy & Beautiful Bump

Mama Mio Free Your Mind Massage with VB Smooth Touch Facial and VB Spa Foot Ritual

150 mins €145

### VB Princess Sparties (Up to 12 years)

Every Girl deserves to be treated like a princess with our Princess Make up & Sparkly nails package

Groups POA Min 5 pax €15

All Packages have the option of adding on Light Lunch / refreshment options upon request



VANILLA BROWNS