

LUNCH MENU

WE PROUDLY SERVE

STAR SEAFOOD.
ADARE FARM ICE CREAM.
ST. TOLA GOATS CHEESE.
NOEL O'CONNOR BUTCHER.
BALLYAGRAN ORGANIC SALAD LEAVES.
LIMERICK FRUIT & VEG.
ENDA AHERNE MEATS.



DIETARY INFO:

VEGETARIAN (V)
COELIAC FRIENDLY (CF)
AVAILABLE COELIAC FRIENDLY (ACF)

ALL OUR BEEF IS 100% IRISH.
SOME OF OUR DISHES MAY CONTAIN ONE OR MORE ALLERGENS.
PLEASE ASK YOUR SERVER FOR ALLERGEN INFORMATION.



ABSOLUTE
BAR & GRILL

SOUPS

SOUP OF THE DAY (ACF) €5
SERVED WITH BROWN RUSTIC
SODA BREAD

SMOKED & FRESH SEAFOOD
CHOWDER (ACF) €6
SERVED WITH OUR RUSTIC
SODA BROWN BREAD.

SANDWICHES

GRILLED CHICKEN CIABATTA €8.5
(ACF)
GRILLED CHICKEN, LETTUCE, BACON AND
TOMATO ON CIABATTA BREAD WITH LEMON
AND BASIL MAYO

ROAST TURKEY CLUB €8.5
(ACF)

ROASTED TURKEY SLICES, DIJON MAYO,
CRANBERRIES, EMMENTAL CHEESE,
DILL, PICKLE & BACON, TOASTED ON
SOURDOUGH BREAD

AVOCADO BLAA €8.5
(ACF) (V)
FRESH AVOCADO, ROMAINE LETTUCE &
BUFFALO TOMATO ON WATERFORD BLAA WITH
CRISPY FRIED ONIONS & CHIPOTLE MAYO

TUNA NICOISE €8.5
(ACF)
TUNA BOUND IN HERB MAYONNAISE, SOFT BOILED EGG,
PICKLED CUCUMBER, BABY GREEN LEAVES ON
HOMEMADE BROWN BREAD

STEAK SANDWICH €10.5
(ACF)
GRILLED MEDALLIONS OF BEEF, CARAMELIZED ONIONS,
BÉARNAISE SAUCE, PEPPERY ROCKET LEAVES ON A
TOASTED CIABATTA

SANDWICHES ARE SERVED
WITH A CHOICE OF
SALAD, CHIPS OR A CUP OF SOUP

MAIN COURSES

TEMPURA BATTERED FISH OF THE DAY €10
(ACF)
TEMPURA BATTERED FRESH FISH, HAND CUT TWICE
COOKED FRIES, PEA AND MINT PUREE WITH OUR
OWN TARTAR SAUCE

BANGERS & MASH €10
SAGE AND APPLE SAUSAGE WRAPPED IN STREAKY
BACON, GRAIN MUSTARD MASH & ONION JUS

SALMON GRENOBLOISE (ACF) €10
PAN FRIED ESCALLOP OF SALMON, CREAMED MASH,
CAPER, LEMON & PARSLEY BUTTER SAUCE,
FENNEL SALAD

ROAST CHICKEN SUPREME (CF) €10
CLASSIC ROAST CHICKEN, SCALLION MASH,
DUCK FAT ROASTED VEGETABLES & RED WINE JUS

ABG 6OZ BEEF BURGER (ACF) €11
SMOKED TOMATO KETCHUP, PLUM TOMATO, GEM
LETTUCE, SWEET PICKLED CUCUMBER, TOBACCO
ONIONS, FARMHOUSE CHEDDAR & HAND CUT
TWICE COOKED FRIES

OVEN BAKED ST. TOLA GOAT'S
CHEESE PARCEL (V) €10
MIXED LEAVES, POMEGRANATE, ROASTED RED BELL
PEPPERS & BLACK BERRIES BALSAMIC VINAIGRETTE

CLASSIC CHICKEN CAESAR €10.5
SALAD (ACF)
CRISPY BABY GEM LEAVES, LARDONS,
SOURDOUGH CROUTONS & SHAVED PARMESAN

SIDES

MAC AND CHEESE (V)
CREAMY WHIPPED MASH (V)
ROSEMARY & SEA SALT FRIES (V)
GLAZED ROOT VEGETABLES (V)
SUPER FOOD SALAD WITH BEETROOT,
FETA & MIXED SEEDS (V)(CF)
HOMEMADE HUMMUS WITH CORIANDER,
CHILLI, OLIVES & TOASTED FLAT BREAD (V)

€2 FOR ONE, €3.50 FOR TWO, €4 FOR THREE