

SMALL PLATES...

COLID OF THE DAY OF

CHICKEN TIKKA WRAP	€11.00
ATLANTIC SEAFOOD CHOWDER SALMON, HAKE AND SMOKED HADDOCK IN A FENNEL FISH CREAM. SERVED WITH FRESH BAKED MIXED SEED SODA BREAD (1,2 wheat,3,4,5,6,8,11,13)	€9.00
HARRY'S BUFFALO CHICKEN WINGS TENDER CHICKEN WINGS, OUR OWN BALSAMIC & FRANKS HOT SAUCE GLAZE, CASHEL BLUE CHEESE DIP AND CELERY STICKS (1,2 wheat,3,8)	€11.00
SMOKED SALMON BOXTY RED ONION, CAPER & BALSAMIC VINAIGRETTE, GOLD RIVER LEAVES (2 wheat, 3, 4, 8, 13, 14)	€11.00
SOUP OF THE DAY (V) SERVED WITH OUR OWN MIXED SEED BROWN SODA BREAD (1,2 wheat,3,8,11)	€6.50

ROASTED PEPPERS, RED ONION, CUCUMBER & MINT RAITA, SERVED WITH GOLD RIVER LEAVES & CHIPS (2 wheat,3,8,14)

HAM & CHEESE TOASTIE

BAKED HAM, MATURE CHEDDAR CHEESE, RED ONION AND PLUM TOMATO ON TOASTED SOURDOUGH (2 wheat, 8,14)

CLIDANI DODIZ CANDWICLI

CUBAN PORK SANDWICH €13.00

PORK, HAM, DILL PICKLE, CHEESE AND MUSTARD ON A FRESH CIABATTA, GOLD RIVER LEAVES & FRIES (1.2 wheat, 3.8.14)

STEAK SANDWICH

€15.00

€11.00

C/ EO

STRIPS OF IRISH FILLET BEEF, ONIONS, MUSHROOMS, GARLIC BUTTER ON A CIABATTA. PEPPER SAUCE & FRIES (2 wheat.8)

ALL OUR SANDWICHES ARE SERVED WITH DRESSED GOLD
RIVER FARM LEAVES & A PORTION OF FRIES.
ALL OUR SANDWICHES ARE AVAILABLE
ON GLUTEN FREE BREAD.

CHICKPEA SALAD (VG)

€10.00

CUMIN ROASTED CHICKPEAS, SEMI DRIED TOMATOES, PEPPERS, RED ONION, GOLD RIVER LEAVES, LEMON DRESSING

TRADITIONAL CAESAR SALAD

€10.00

BABY GEM LETTUCE, BACON LARDONS, CIABATTA CROUTONS, SHAVED PARMESAN, HARRY'S CAESAR DRESSING (2 wheat, 3, 4, 8, 13)

ADD GRILLED CHICKEN BREAST TO YOUR CAESAR (8) €4.00

GOATS CHEESE & BEETROOT (V)
SALAD

€10.00

BOILLE GOATS CHEESE, ROAST & PICKLED BEETROOT, WINTER LEAVES & HOUSE DRESSING (8,13,14)

LARGE PLATES...

PAN ROASTED CHICKEN BREAST

STUFFED WITH WILD MUSHROOM DUXELLES, CONFIT LEG, TURNIP PUREE, BUTTERED GREENS, ROAST CHICKEN MASH, CRISPY CHICKEN SKIN AND CHICKEN JUS (1,8,13)

FISH & CHIPS

€16.00

€15.00

CRISP BATTERED ATLANTIC HAKE, HOMEMADE TARTAR SAUCE, PEA PUREE, SKINNY FRIES AND LEMON WEDGE (2 wheat,3,4,8,13)

WILD MUSHROOM & SPINACH

RISOTTO (V)

SAUTÉED WILD MUSHROOM & WILTED SPINACH RISOTTO. FINISHED WITH TRUFFLE OIL & SHAVED PARMESAN (1,8,13)

GRILLED FILLET OF COD

€16.00

BUTTERED KALE, SNAP PEAS, FONTANT POTATO, LIME AND TARRAGON BEURRE BLANC (4,8,13)

80Z IRISH BEEF BURGER

€16.00

MATURE CHEDDAR, BACON, RED ONION MARMALADE, BABY GEM LETTUCE, GARLIC MAYONNAISE, BRIOCHE BUN SERVED WITH FRIES (2 wheat,3,8,13)

BUTTERMILK FRIED CHICKEN BURGER

€16.00

PLUM TOMATO, BABY GEM LETTUCE, SRIRACHA MAYONNAISE, IN A BRIOCHE BUN AND FRIES (2 wheat,3,8,14)

BEYOND MEAT VEGAN BURGER (VG)

€16.00

PLANT BASED PATTY, WATERFORD BLAA, VEGAN CHEESE, VEGAN MAYONNAISE, LETTUCE, TOMATO & ONION. SERVED WITH FRIES (2 wheat, 14)

SIDES...

SEA SALTED FRIES (VG)	€4.00
WHIPPED MASHED POTATOES (V) (8.13)	€4.00
DRESSED WINTER SALAD (V) (13,14)	€4.00
MINI CAESAR SALAD (2 wheat,3,4,8,13)	€4.00
BUTTERED KALE & BROCCOLI (V) (8)	€4.00

DESSERTS...

INDIVIDUAL BANOFFI PIE (2 wheat, 8,9)	€8.00
BISCUIT BASE, TOFFEE, BANANA, FRESH CREAM	
ABSOLUTE FLOURLESS	€8.00
CHOCLATE TORTE (3,8)	
CHANTILLY CREAM & FRESH BERRIES	
STICKY TOFFEE PUDDING (2 wheat,3,8) STEAMED TOFFEE PUDDING, BUTTERSCOTCH SAUCE, CHANTILLY CREAM	€8.00
LIME POSSET &	€8.00
	-0.00

POLENTA CAKE (3,8,9 almonds)

SET RASPBERRY GEL, ORANGE POLENTA CAKE, **ORANGE BUTTERCREAM & RASPBERRY**

SELECTION OF GLENOWN IRISH DAIRY ICE CREAMS (3.8)

€7.50

FRENCH VANILLA, STRAWBERRY, DOUBLE CHOCOLATE, SERVED WITH BERRY COMPOTE

LUNCH MENU

DIETARY INFO:

WHILST WE CAN PREPARE MEALS ON REQUEST PLEASE BE ADVISED IF YOU HAVE A SERIOUS ALLERGY OUR KITCHEN IS NOT COMPLETELY ALLERGEN FREE SO SMALL TRACES MAY STILL **EXIST IN MEALS**

VEGETARIAN (V)

VEGAN (VG)

WE PROUDLY SERVE LOCAL PRODUCE

FLESK MEATS, CO CORK **GOLD RIVER SALAD LEAVES, CO LIMERICK CS FISH GLENOWN IRISH DAIRY**

ALLERGENS

1.CELERY 2. GLUTEN 3. EGGS 4.FISH 5. CRUSTACEANS 6.MOLLUSCS 7. LUPIN 8. DAIRY 9. NUTS 10. PEANUTS 11. SESAME 12. SOYA 13. SULPHUR 14. MUSTARD

