

BREAKFAST MENU



Made To Order

Traditional Full Irish Breakfast

- Loughnane's Pork Sausage (1 wheat,12)
- Grilled Back Bacon (12)
- Grilled Tomato
- Button Mushrooms (7)
- Loughnane's Black & White Pudding (1 barley)
- Choice of Eggs: Scrambled (3,7), Poached (7), Fried (7)

Poached Eggs on Toast

(1 wheat,3)

Boiled Eggs and Soldiers

(1 wheat,3)

Baked Beans on Toast

(1 wheat)

Classic Irish Flahavan's Porridge

Served with a side of Toasted Almonds and a Cinnamon & Apple Compote (1 oats,7,8 almonds,12)

French Toast

With Maple Syrup (1 wheat,3,7)

Three Egg Omelete

Choice of adding Ham, Cheese, Tomato, Mushroom & Onion (3,7)

Fresh Avocado on Sourdough Toast

(1 wheat)

Proudly Supporting Irish Suppliers

Limerick Fruit Supplies, Limerick
CS Fish, Co. Clare
Quigleys Meats, Co. Cork
Java Republic, Co. Galway
Musgraves Food Suppliers, Dublin
Irish Pride, Dublin
Pure Oil, Co. Wexford

From The Buffet

Selection of Cereals

(1 wheat, barley, oats,7)

Selection of Breakfast Pastries

(1 wheat, 7)

Selection of Cheese and Meats

(7)

Fresh Homemade Bread

(1 wheat,3,7,11)

Natural Yogurt

(7)

Fresh Fruit Salad

Granola Pots

(1 oats,6,7,8 almonds,11)

American Style Pancakes

(1 wheat,3,7)

Dietary Information

Whilst we can prepare meals on request, please be advised if you have a serious allergy our kitchen is not completely allergen free so small traces may still exist in meals.

Seperate menu is available for those with specific dietary requirements, please ask your server.

1 Gluten. 2 Crustaceans. 3 Eggs. 4 Fish. 5 Peanuts. 6 Soybeans. 7 Milk. 8 Nuts.
9 Celery. 10 Mustard. 11 Sesame. 12 Sulphur. 13 Lupin. 14 Molluscs.
CF: Celiac Friendly. ACF: Available Celiac Friendly. V: Vegetarian. VG: Vegan.